



Stunning Netherhall School Scarf

It is with great pride that, by popular request, I introduce the Netherhall School scarf. Since the introduction of the new school uniform, students have been universally complimented on their smart attire and appearance. A number of students asked me to research the possibility of a school scarf, which I have duly done. On first sight of the new Netherhall School scarf, students said, **'Wow, that's ace! It's straight out of Hogwarts, just like a Gryffindor scarf from Harry Potter – only even better!'**



The colours of claret and gold are the traditional colours of Netherhall School and I have reintroduced the original Netherhall School crest of the Roman Eagle over the water. The Roman Eagle symbolises Maryport's ancient and historic association with the Romans, the water the River Ellen and the Solway.

I hope you like the Netherhall School scarf as much as the students do. The scarves are available for purchase from the regular Netherhall School, school uniform shop, West Lakes Embroidery on Curzon Street.

Mr D W Tromans
Headteacher

Children's Champion

It is only when one engages Jamie-Lea in conversation that one truly begins to comprehend the incredible tenacity, moral purpose and intuitive sense of justice of this remarkable young person. Jamie-Lea first came to my attention when she was organising her Year 10 work placement with **MP Sue Hayman**, I was immediately struck by her steely determination and positive approach; needless to say, Jamie-Lea did exactly what she set out to do and got the absolute most from the experience.



At the age of fourteen, Jamie-Lea first became involved with the **Children's Rights Alliance for England**. She was part of the team that instigated a national consultation, identifying a list of the forty most important issues affecting children. From this the team constructed a report of recommendations which were submitted to **United Nations** and UK government under the title '**A Better Life for Children**'.

Jamie-Lea was invited to **Switzerland** along with twenty two other delegates from all over the UK, drawn from all sectors of society to give a presentation to the United Nations. From this initial delegation, two key persons were selected from each of the countries of the United Kingdom for an in-depth six hour interview with many key organisations including the head of **UNICEF** (The United Nations Children's Fund), **UNCRC** (Convention on the Rights of Children), **Save the Children** and the **Children's Commissioner for England, Anne Longfield OBE**. Jamie-Lea was one of the two persons selected to represent the views of children in England.

The conclusions were sent as recommendations to the UK government to improve the lives of children. One of the key recommendations was ensuring that any child and their family do not stay in temporary accommodation for longer than six weeks. Jamie-Lea is part of the national team who communicates with children's charities, MPs, social workers, councils and the government to ensure this directive is adhered to for the benefit of children.

Jamie-Lea is a sergeant in the Army Cadets, Maryport detachment; she teaches skills to younger cadets, has completed her Bronze Duke of Edinburgh Award, recently undertook a three day exercise alongside army regulars, which Jamie acknowledged was '**Tough!**'. In addition to this, Jamie-Lea has applied to take part in a wilderness expedition to Canada with the Army Cadets this summer, which will include canoeing, mountain climbing and skiing.

She is studying the Extended Diploma in Health and social Care, which is equivalent to 3 A Levels; Jamie-Lea is expected to achieve **three Distinction stars**. This February half-term, Jamie secured a '**Dream Placement**' at West Cumberland Infirmary, to support her career ambition to become a Mental Health Nurse.

Jamie-Lea's teachers are unanimous in their commendation, '**Jamie-Lea is a first-class student, amazing young person and inspiration to other students**'. Jamie-Lea is extremely modest about her achievements, simply seeing it as her moral imperative.

Jamie-Lea is a special person and a champion of Netherhall School.

Mr D W Tromans
Headteacher

Marvellous Mathematician

Hot off the plane from New York! Lewis has just returned from The Big Apple, where he has been with Netherhall School Sixth Form on a cultural visit. Lewis is now preparing for his Year 13 mock exams and despite being a little jetlagged, Lewis is happy to engage me in conversation about his recent achievement in maths. As anyone who knows maths will tell you, there are people who do maths and there are mathematicians: mathematicians being the ones who have a natural flair and ability for mathematics – Lewis is such a person.

Mr Williams, Lewis's Further Maths teacher and Mr Mullarkey, Lewis's A Level Maths teacher are incredibly proud of Lewis, **'Lewis is a first-class mathematician, a super student and a delightful young man.'**



Lewis recently sat the TMUA (Test of Mathematics for University Admission), which is recognised by universities as an opportunity for a prospective maths student to demonstrate essential mathematical thinking and reasoning skills. The test comprises forty questions, on two papers of 75 minutes each, without the use of a calculator – the test is very similar to the UKMT maths challenge. A scaled score of 4.5 is considered to be a pass; Lewis achieved a score of 5.9.

Despite interest from Oxford University and Cambridge University, Lewis has decided to attend the university currently ranked as **Number 1** for mathematics in the country, which is Lancaster University. Initially, Lewis's offer from Lancaster University was dependent on him attaining AAB at A Level. Following Lewis's performance in the TMAU test, Lancaster University have made Lewis an unconditional offer. Despite the unconditional offer – which by Lewis's own admission **'Does take the pressure off!'**, he remains determined to attain A*s across the board.

In addition to Lewis's brilliant academic ability, he is the Deputy Head Boy of the School, plays for the Sixth Form football team, assists younger students to improve their reading every morning and is in the process of completing his Duke of Edinburgh Gold Award. In addition to this, he is a polite, positive and super young man.

Lewis is a marvellous mathematician and a champion of Netherhall School.

Mr D W Tromans
Headteacher

Academic and Tennis Ace – Megan Almond

Star Netherhall School student, Megan Almond is not just an academic ace; she is a tennis superstar. Megan attained **8A*s and 1A** grade in last summer's GCSE results and is currently achieving **A grades** in A Level chemistry, biology and maths with the intention of an **Oxbridge** education, studying medicine. Megan has already attended the '**Outreach Programme**' at **Fitzwilliam College, Cambridge University** – which she loved, and is attending the '**Outreach Programme**' at **Oxford University** later this year.



As one can tell, Megan is not someone who accepts anything but the best, a mantra which Megan applies to all of her passions. In addition to her academic excellence, Megan has won an incredible **28 County titles**. In the most recent County Championships of August 2017, Megan won a remarkable six titles at U16, U18 Ladies Singles, U18 Girls and Ladies Doubles titles and the U18 Mixed Doubles title.

Megan has played for Cumbria every year since the age of 9, representing the Cumbria County Ladies Team for the first time in November 2013 at the tender age of 12. In a 12 month period following this, Megan went on to achieve the outstanding feat of representing Cumbria at U12, U14, U18 and the Cumbria County Ladies Team. In November of 2017, Megan won 3 out of 3 of her singles matches, playing at Number 1 for Cumbria in the Ladies Winter County Cup Competition in Boston, Lincolnshire.

Megan has played in various women's **Aegon British Tour** events since the age of 14 and went on to win her first British Tour in Glasgow in October 2016 aged 15, which took her ranking up to Number 9 in Great Britain in the U16 age group.

Megan has played numerous times at Wimbledon, competing in the '**Road to Wimbledon**' competition in 2012, aged 11 and in the 2013 competition, aged 12. In addition to this, Megan has won numerous Regional Grade 3 competitions in both singles and doubles formats of the game, recently winning an U18 Grade 3 Singles tournament in Leeds in October 2017.

An indication of Megan's amazing determination and commitment is that she currently trains two afternoons a week at the Northumberland High Performance Tennis Centre in Newcastle, which takes two hours travelling time each way. On Tuesday, Megan trains from 1.00pm-8.00pm and on Thursday from 3.00pm-8.00pm. A typical training session for Megan will comprise of individual coaching, speed and agility training, strength and conditioning, and squad coaching. In addition to this, Megan is on the AASE (Advanced Apprenticeship in Sporting Excellence) programme for tennis, which involves coursework as well as tennis and fitness training. If this wasn't enough, Megan is doing her Level 1 Tennis Coach course in February, 2018.

Megan is incredibly modest and humble of her considerable achievements and tremendous talent. She is quick to acknowledge the remarkable support of her family and the contribution of many excellent coaches: David Wise, Tracy Burrus, her long-time coach, Chris Whittle and her inspirational friend Daneika Borthwick. Megan's heroes are tennis legend, Andy Murray and the tenacious Kim Clijsters.

Megan's teachers couldn't be more complimentary of her outstanding work ethic and brilliant attitude to her studies, as they all say, '**Megan is a brilliant student and a pleasure to teach.**' Head of Sixth Form, Mr Bailey said, '**Megan is an excellent role model and inspiration to other students.**'

Megan is an academic ace, tennis star and a champion of Netherhall School.

Mr D W Tromans
Headteacher

House of Commons Chloe Copeland



Star Netherhall School student, Chloe Copeland was invited to the House of Commons for a special reception by the Holocaust Education Trust.

Each year, Netherhall School is invited by the Holocaust Education Trust to send two A Level history students to visit Auschwitz, as part of the 'Lessons from Auschwitz Ambassador' programme.

The trust was so impressed with the quality of Chloe's report and her work with younger Netherhall School students on the Holocaust, they invited Chloe to an invitation-only reception at the House of Commons. The invitation was exclusively for a small group of students and Members of Parliament to listen to survivors of the Holocaust. Chloe said, ***'The experience was truly amazing; the stories from Holocaust survivors were extremely harrowing and emphasise the importance of remembering what happened, learning from the past and ensuring this kind of thing can never happen again.'***

Chloe is studying history, French and geography and has been offered a place to read history at Newcastle University. Chloe is well on-track to achieve her offer grades, having achieved an A* in her recent A Level history mock exam.

Mr Bailey, Head of Sixth Form and Chloe's history teacher said, ***'Chloe is a fabulous student, an excellent historian and a credit to Netherhall School; I could not be more proud of her.'***

The school would like to thank Chloe's mum for escorting Chloe on the overnight trip to London and to the reception at the House of Commons.

Mr D W Tromans
Headteacher

Super Scouts

Amazingly, Netherhall School's Liam and Joe Denwood are the **fourth generation of the Denwood family** to be members of the **2nd Maryport Scout Group**. The origin of the **Denwood scouting dynasty** was Liam's great grandfather, William who joined the Scouts in the 1960s. He inspired Liam's grandfather, Dad, Liam and Joe to become Scouts.



Both Liam and Joe started with the Beavers, under the excellent Mike and Dianne Robertson, progressing through the Cubs into the 2nd Maryport Scout Group at the age of 11. Joe has just joined the scouts and Liam now holds the position of Patrol Leader.

As **Patrol Leader**, Liam holds a key leadership role: organising and assisting activities such as camping, climbing, hikes, shore-side fires, pioneering, midnight ghost walks around Maryport and other great adventurous activities. In addition to this, Liam took pride-of-place at the recent **Remembrance Service** at the **brilliant St Mary's Church**, where he did a superb job of representing the scouts as **Standard Bearer**.

Scout leader, Mike Robertson said, ***'Both Liam and Joe never cease to have fun and inspire younger scouts to enjoy their scouting. Like their father, grand-father and great grandfather, they characterise the fun in everything we do and love the outdoors.'***

They are incredibly enthusiastic about their scouting experience, citing truly memorable and enjoyable adventurous experiences with great people, ***'It's brilliant! We get to do great things, work as a team and have real fun, whilst learning new skills'***. Both boys are real advocates of the Scouts and would recommend involvement to everyone.

Liam and Joe are super young men; they are a delight to talk with, **'super scouts'**, excellent students and champions of Netherhall School.

If you are interested in scouting, please take time to talk with Liam or Joe, and go along to the 2nd Maryport Scout Group to experience it for yourself.

Mr D W Tromans
Headteacher

Star Sea Cadet

Super Year 11 Netherhall School student, Sophie Ritson is a **star sea cadet**; holding the highest qualification you can attain for seamanship for the 15-18 age group. Sophie has won an impressive total of **six gold medals for seamanship**, three for winning the competition and three for being the overall top scorer. Sophie is in the process of achieving the rank of **Leading Cadet Board**, which would qualify her to give lessons in seamanship to fellow sea cadets aged twelve and under.



Sophie first went to the sea cadets, which is situated on the Prom in Maryport with friends at the age of 10. Sophie loved every opportunity and challenge, attaining her First Aid qualification, taking part in sailing, rowing, seamanship and kayaking competitions. Sophie recently competed in the **national sea cadet championships**, getting through to the second round in sail handling and through to the **national finals in kayak polo in London**.

Through Sophie's talent and endeavour she is hoping to qualify for a place aboard the **Royal Navy training ship HMS Jerwood**, which Sophie hopes to be able to take up some time after this summer's GCSE examinations.

In addition to this, **Sophie is a star student**, she is hoping to attain at least **Grade 8s in both English and maths – equivalent to A* grades** and attend Netherhall School Sixth Form to study English and maths at A Level. Sophie's teachers are universal in their commendation, **'Sophie is a fabulous student, incredibly hard working, talented and a delight to teach.'**

Sophie currently attends the **sea cadets on Tuesday and Friday evenings** and is instructed by Keith Short, George Kendall, Claire Bostel and others; Sophie could not be more complimentary of their **commitment, professionalism and the time and effort they give to young people**.

If any other young people are interested in joining the sea cadets they should talk with star sea cadet Sophie Ritson.

**Mr D W Tromans
Headteacher**

Awesome Army Cadet

Netherhall School student, Keelan Launders, is an awesome army cadet; Keelan was inspired to join Army Cadets by his grandfathers, who were both in the Army. Keelan currently attends the Cumbria Army Cadet Force, Maryport Detachment, situated in Mealpot Road, on Tuesdays and Thursdays, under the expert instruction of Simon Hine SMI.

At present, Keelan is working hard to achieve his 2 Star; he has passed his Fitness Test – which requires 'rocket squats' and press ups, First Aid Test and No 8 Rifle Test. All Keelan now has to pass is his Radio Test.



It was a delight to converse with Keelan about his involvement with the Army Cadets; he is truly enthusiastic when he talks about his experiences: dismantling and re-assembling a cadet rifle, County weekends, camping, field-craft, abseiling, cooking on open fires, the shooting range, to name but a few. Keelan said the best bits are: ***'You are trusted to get on with things by yourself and with your friends, like, Cameron Hansen, Jamie Kirkbride, Alicia Pearson, Ryan Hoskins and Cameron Moralee. We are given the kit and we have to work together to get our tents set up, make a fire and cook food. There really is great camaraderie and team spirit.'***

Keelan would like to join the Army when he leaves school; his role-model is former Netherhall School student, Staff Sergeant, Kieran Steele.

If you would like to join the Army Cadets, speak with Keelan, or any of the other Netherhall students mentioned in this article.

Mr D W Tromans
Headteacher

Sixth Form Update

It has been another busy term for Netherhall School Sixth Form students. Alongside daily lessons we have also taken a week in New York City, as 19 Year 13 students enjoyed all that the Big Apple had to offer, before coming back to mock examination preparation and then the mocks themselves which have been completed by students in both Year 12 and 13. The spirit and drive of our Sixth Form students never ceases to amaze me and there have been numerous extra-curricular and enrichment opportunities that our students have also keenly participated in this term.

Student Finance Talk

At the very start of term we were fortunate enough to have a lecture from Luke Proudfoot, a representative of Student Finance England. The talk provided Y13 students with all the information they require to support their university applications through UCAS and was both highly entertaining and informative. Our thanks go to Luke for an excellent afternoon which provided great support to our students and will ensure a smooth transition from Sixth Form to university studies in the autumn.



Year 13 students with Luke Proudfoot of Student Finance England

Dream Placements

Congratulations go out to two of our Sixth Form students who have successfully secured Dream Placements. Holli Coulthard in Year 13 has secured a placement with Story Contracting while Jamie-Lea Wright in Year 12 has been offered a placement with the NHS. This is a fabulous opportunity for both students and will provide a first class experience in support of their future career ambitions. Holli wishes to pursue a career in industry while Jamie-Lea seeks a future in the healthcare profession. The students have already attended development days with their respective employers and the Dream Placement itself will take place during spring half term from Monday, 12th to Friday, 16th February. We are sure the girls will enjoy a seminal experience during the placement and our thanks to Story Contracting and to the NHS for providing this wonderful opportunity to our students.



Holli Coulthard Year 13 and Jamie-Lea Wright Year 12

Durham University Supported Progression

Congratulations also go out to Year 12 students Ryan Moore, Esme Rowe and Brad King who have been successful in their applications to participate in this year's Supported Progression Programme at Durham University. Ryan has been selected to take part in the mathematical sciences programme, Esme will follow the modern languages and cultures programme while Brad will take part in the primary education programme. All three students should be very proud of their achievement in being picked from thousands of applicants and will now enjoy a first class experience at one of the country's finest academic institutions. The first stage of the programme will be a one day welcome event on the 10th February before a spring residential is held during the Easter holidays with a final summer school in August. An assessed project will then be completed and the results of this will allow the university to offer students an undergraduate place at Durham University from the autumn of 2019 at a lower UCAS tariff offer than would normally be the case. Current Year 13 student Kelly Pearce has already benefitted from this programme and has accepted an offer to read biosciences at Durham University this autumn and looks forward to the opportunity immensely.



**Durham University Supported Progression
students Ryan Moore, Esme Rowe and Brad
King, Year 12**

Oxford University – UNIQ Programme

Good luck to Year 12 students Megan Almond and Amber Butler who have applied to participate in this year's UNIQ access programme at Oxford University this summer. The programme is open to Year 12 students who have attained outstanding GCSE results and intend to apply to Oxford, Cambridge and other Russell Group universities this autumn; the course will have a specific academic focus but will also provide advice on all aspects of Oxford admissions and enable students to submit strong applications to competitive universities. Megan has already enjoyed a taster residential at Fitzwilliam College, Cambridge University last November and we hope the girls are successful in their applications so they are able to widen their experience ahead of their university application choices during the autumn term.



Megan Almond and Amber Butler, Year 12

Sixth Form Open Evenings

Sixth Form students have also been busy this term supporting the promotion of our Sixth Form to prospective Year 11 students over the last few weeks. A post-16 careers evening was held at Beacon Hill School, Aspatria on the 17th January before a presentation to our own Year 11 students in the Ellen Theatre on the evening of Monday, 29th January, with a final post-16 careers evening at Energus, Workington on Wednesday, 31st January. I am indebted to Year 12 students Lauren Gorge, Jodie Hodgson, Yasmin Dixon and Ewan Laverty for their support and the guidance they provided to both parents and students at all three events, I would also like to thank Emily Southwell, Katie Harris, Beth Peel and Eden Towers for their invaluable assistance during the evening at Netherhall School. The Year 12 students were fantastic ambassadors for our Sixth Form and I am thankful to have the support of such talented young people to help advertise the work of Netherhall School in the community.

**Year 12 students Lauren Gorge,
Jodie Hodgson, Yasmin Dixon and Ewan Laverty
promoting Netherhall School Sixth Form at the post-16
careers fair held at Energus, Workington**



Primary School Work Experience Placements

Year 12 students Brad King, Kieran Minshaw and Amie Wignall have been enjoying work experience placements with Maryport Junior School over the last term. All three students aim to pursue careers as primary school teachers and have been provided with a wonderful experience this term which will enhance their university applications in the autumn term. Amie's placement takes place every Tuesday afternoon with Year 6 teacher Miss Dover, a former student of Netherhall School, and she has described the experience as "Fascinating. My work experience placement has definitely made me want to become a primary school teacher." Our gratitude goes out to Maryport Junior School for hosting our students and in particular to Miss Dover and Miss Moore who have provided a first class experience to our Sixth Form students to help them cement their career ambitions ahead of their university applications this autumn.

**Future primary school teachers Brad King, Amie Wignall
and Kieran Minshaw, Year 12**



I would like to close by thanking Sixth Form students for a great half term. Year 13 students were excellent company in New York and both Year 13 and Year 12 students coped admirably with their A Level mock examinations. They should be proud of their efforts both academically and in terms of enrichment activities this term; these experiences will leave them in a great position to secure successful futures. Well done everyone and have a great half term break.

**Mr M D Bailey
Deputy Headteacher/Head of Sixth Form**

Sixth Form Stars

Every morning in the newly refurbished school library, paired reading is an activity of absolute joy: seventy plus Sixth Form students diligently assist younger students with their reading. There is a really great collegiate atmosphere as students work together on the basis of mutual respect to form enduring friendships.



As we all know, reading and comprehension are central to learning; students appreciate these fundamental needs and are happy to commit time, energy and effort to improve. An indication of this is that every morning Sixth Formers and other students are punctual, paired, seated and working together.

The Sixth Formers dedication and commitment is indicative of the quality of Netherhall School students and their sense of community spirit – appreciating that they all have a responsibility to each other and a contribution to make.

For the younger students it is transformational, not only does it help to radically improve their reading, spelling and comprehension; it builds confidence, self-esteem and belief, which are rare gifts.



My thanks goes to Mrs Stead, Mrs Savage, Mrs Mumberson, the learning support department and most of all to the Sixth Form students who are making a real difference to the lives and futures of all the young people involved.

Mr D W Tromans
Headteacher

Year 5 English Sessions

Once again last week we were able to welcome Year 5 students Crosscanonby St John's C of E Primary School, Maryport Church of England Junior School, Ewanrigg Junior School and Dearham Primary School.

Four students from each school were accompanied by a member of staff to take part in an English session, where the focus was writing newspaper articles about activities and events that have taken place within their school over the past half term. All of the students produced their own individual article to a very high standard.

It is very evident from the breadth of the articles that students in Maryport's junior schools have a very broad curriculum and enrichment activities, which students are very excited about as all of the students were very keen to tell us what they have been up to.

Lee Wassell
Pastoral Lead Teacher



Young Voices

Singing together in morning assembly is a joyous shared activity. It epitomises the community spirit of Netherhall School: everyone has a responsibility; everyone has a contribution to make.



I have attached a copy of the spring-term hymn book. These are the hymns the students sing in assembly and will be singing at the Netherhall School Easter Service at St Mary's Church on Thursday, 29th of March.

Mr D W Tromans
Headteacher



Jerusalem

*And did those feet in ancient time
Walk upon England's mountain green?
And was the holy Lamb of God
On England's pleasant pastures seen?
And did the countenance divine
Shine forth upon our clouded hills?
And was Jerusalem builded here
Among those dark satanic mills?*

*Bring me my bow of burning gold!
Bring me my arrows of desire!
Bring me my spear! O clouds, unfold!
Bring me my chariot of fire!
I will not cease from mental fight,
Nor shall my sword sleep in my hand,
Till we have built Jerusalem
In England's green and pleasant land.*

Holy Holy Holy

*Holy, holy, holy! Lord God Almighty!
Early in the morning our song shall rise to Thee;
Holy, holy, holy, merciful and mighty!
God in three Persons, blessed Trinity!*

*Holy, holy, holy! All the saints adore Thee,
Casting down their golden crowns around the glassy
sea;
Cherubim and seraphim falling down before Thee,
Who was, and is, and evermore shall be.*

*Holy, holy, holy! though the darkness hide Thee,
Though the eye of sinful man Thy glory may not see;
Only Thou art holy: there is none beside Thee,
Perfect in power, in love, and purity.*

*Holy, holy, holy! Lord God Almighty!
All Thy works shall praise Thy Name, in earth,
and sky, and sea;
Holy, holy, holy: merciful and mighty!
God in three Persons, blessed Trinity!*

All Things Bright And Beautiful

*All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The Lord God made them all.*

*Each little flower that opens,
Each little bird that sings,
He made their glowing colours,
He made their tiny wings.*

*All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The Lord God made them all*

*The purple-headed mountain,
The river running by,
The sunset and the morning
That brightens up the sky*

*All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The Lord God made them all*

*The cold wind in the winter,
The pleasant summer sun,
The ripe fruits in the garden,
He made them every one;*

*All things bright and
beautiful,
All creatures great and small,
All things wise and
wonderful,
The Lord God made them all*

*The tall trees in the greenwood,
The meadows for our play,
To gather every day*

*All things bright and
beautiful,
All creatures great and small,
All things wise and
wonderful,
The Lord God made them all*

*He gave us eyes to see them,
And lips that we might tell
How great is God Almighty,
Who has made all things well.*

*All things bright and
beautiful,
All creatures great and small,
All things wise and
wonderful,
The Lord God made them all.*

Year 13 Printmaking Workshop

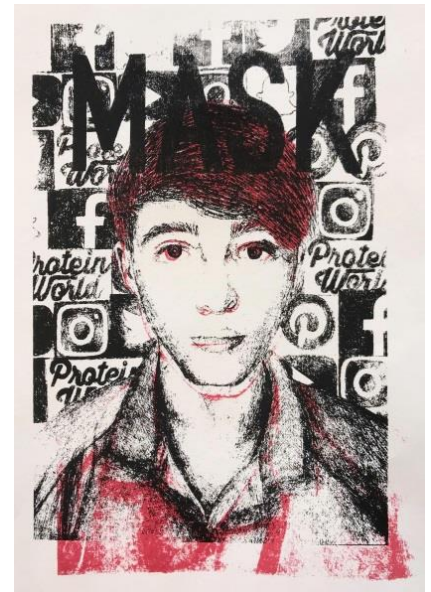
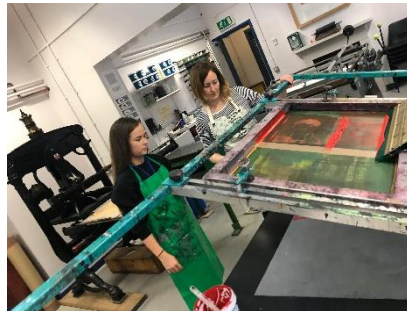
On Tuesday, 23rd January I had the pleasure of accompanying the Year 13 students to the University of Cumbria, Carlisle, where we took part in a printmaking workshop which was led by Natalie Shaw, the Senior Printmaking Technician at the University.

The students were introduced to screen-printing and worked with Natalie to develop a range of prints based on their personal investigations which they are currently completing for their A-Level art course.

The work produced was of an excellent standard and the students behaved maturely, ensuring they made the most of this fantastic opportunity.

I'd like to also thank the University for continuing to provide us with these excellent opportunities for our students; it makes a huge difference.

Ruth Stead
Head of Art Department



Artist of the Fortnight

Laura Haig – Year 13

The theme for my project is beauty and imperfection; I have chosen to focus my paintings on feet as this was the insecurity of my subject. My paintings are inspired by the work of Jenny Saville and Thomas Saliot: Saville uses raw colour and bold mark making and Saliot uses specific composition to make his subjects anonymous, they both focus on people and bodies.

Corkin' Castles

Mrs Knowles Year 7 history class has been busy making some fabulous models of the different types of castles: Motte and Bailey, Stone Keep, Stone Keep with a Curtain Wall, Shell Keep and Concentric. See if you can spot which one is which...

Mr D W Tromans
Headteacher



Food Bank

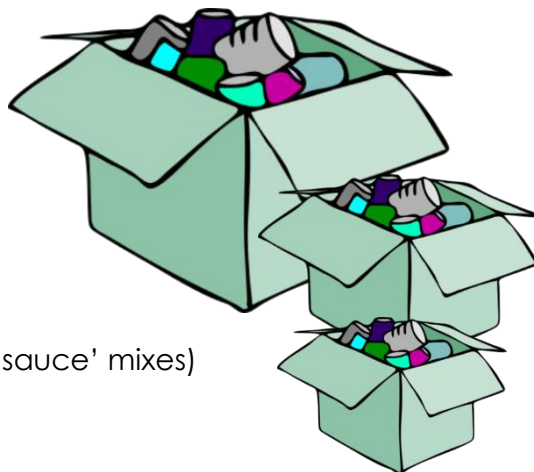
I am sure you recall that students at Netherhall did an amazing job of collecting items for the North Lakes Food bank in the run up to Christmas. In total we were able to collect and hand over 667 items of food, toiletries and sweets and chocolate in the run up to Christmas. It is very humbling to see how generous the Netherhall school community is, especially when you know what a significant impact it will have had on people in and around our own community over the Christmas period.



To further build on this we are looking to run further collections up until February half term and also in the run up until Easter. It would be wonderful if we could achieve a similar amount or even exceed the amount donated before Christmas.

Below is a list of items that the food bank look to receive so that they can provide a nutritionally balanced parcel to an individual or family in need.

- Fruit juice (1ltr carton UHT)
- Tomatoes (tinned or carton)
- Tinned fruit
- Tinned vegetables
- Tinned meat
- Tinned fish
- Rice Pudding (tinned)
- Cereal (medium 500g ONLY)
- Pasta sauces (jars or sachets)
- Sugar (small and large bags)
- Pasta (medium bags of dried pasta. NO sachets of 'pasta & sauce' mixes)
- Milk (full fat or semi- skimmed UHT)
- Sponge Pudding (tinned)
- Biscuits or snack bars
- Tea bags/Instant coffee (medium or small)
- Jam (not homemade)
- Instant mash potato
- Toiletries (toothpaste, shower gel, soap, deodorant, sanitary pads/tampons)
- Baby goods (nappies 6 months +, formula stage 2+, baby wipes)



If students could bring any donations during registration to the collection point next door to the attendance office, so that they can be logged and organised, that would be much appreciated.

Mr Wassell
Pastoral Lead Teacher



Managing Medication Procedures – Important information for parents/carers



We recognise that from time to time students may require medication within the school day. However, we do have to adhere to guidelines to ensure the safety of our students. With this in mind, we would like to point out some procedures that we must follow:

- Some students may need to take prescribed medicines during their time in school. This will usually only be for a short time period, e.g. to finish a course of antibiotics. Parents/guardians must come into school and arrange this with reception.
- Children should not be sent to school with their own medicine (prescribed or non-prescribed) as this poses a health and safety risk to other children.
- Staff will not administer non-prescribed medication i.e. paracetamol, unless there are exceptional circumstances and where there is specific prior written permission from a parent/guardian.
- If a child suffers regularly from frequent or acute pain parents should refer the matter to their child's GP.

Parents/guardians have the prime responsibility for their child's health and should provide the school with timely, complete information about their child's medical condition. If your child has a medical condition that we do not know about, please contact the school, your child's Head of Year or Mrs C Savage (Assistant SENCO).

KEY TERM DATES		
SPRING TERM 2018		
STARTS	ENDS	HALF – TERM HOLIDAY
Thursday 4 January	Thursday 29 March	Monday 12 February – Friday 16 February
EVENTS, TRIPS AND VISITS THIS HALF TERM		
Thursday 1 March	Yr12 & 13 Parents Evening	
Thursday 15 March	Yr11 Parents Evening	
19 to 23 March	Yr8 Taster Week	
21 to 24 March	Yr10 Belgium Trip	
Tuesday 27 March	Yr8 Parents Evening	

Exams Information

Summer 2017 Examinations

Certificates for examinations taken in May/June 2017 will be available for collection from Netherhall School reception 8.30 – 16.00

Spring Term 2018 Examinations Internal

Year 8 – Internal Examinations week commencing 19th February

Year 11 – Mock examinations week commencing 5th March

Mock/internal examinations are very important to students and staff to highlight any areas that may need further support.

External Examinations

Results for January 2018 examinations will be issued to students on Thursday 8th March 2018.

Timetables for external summer examinations will be issued to students and posted home week commencing 19th March 2018.



SPORTs News



Fab Five-a-side

Netherhall School fab five-a-side team qualified for the Cumbrian Schools' Five-a-side Football Finals at the Sands Centre in Carlisle. The boys have done brilliantly to qualify and went into the finals full of confidence and belief.



The boys did really well:

- Game 1 – Morton, Lost 3-1
- Game 2 – St Benedict's, Drew 1-1
- Game 3 – St Bernard's, Won 2-1

Mr Scott – Year 7 Football Team Coach said,

'The boys were superb; they never stopped working hard and hit the post many times in the game they lost, which could have gone either way.'

I am incredibly proud of the boys, as they represented themselves and the school superbly.'

The only team the boys lost to contained players from last year's winners of a national Five-a-side competition. All of the boys are champions of Netherhall School.

Mr D W Tromans
Headteacher

UPCOMING FIXTURES

Friday 23 February – Under 14 Boys Rugby Union match @ West Lakes

Monday 26 – Under 7 to 10 Boys Football @ Cockermouth

Monday 5 March – Under 13 Ten-a-Side Boys Rugby match

Tuesday 6 March – Yr 7 to 10 Boys Football @ Workington

Thursday 8 March – Under 15 Seven-a-Side Boys Rugby match

Tuesday 13 March – Under 14 Ten-a-Side Boys Rugby Union match

Thursday 13 March – Yr 9 to 10 Boys Football Vs Keswick

Friday 14 March – Yr 7&8 Boys Football Vs Keswick



GIRLS RUGBY

The girls rugby season is well underway now and although rugby practice hasn't been as well attended as previous years we have lots more new faces trying out for the rugby team. Our only fixture so far has been an U15 Rugby Union tournament, which took place at Lakes College last week. The girls worked really well as a team and played brilliantly considering the majority of them haven't touched a rugby ball since last year.

Their first game was against Keswick School and despite it being freezing cold the girls were determined to state their intentions immediately. This came in the form of Abbi Langley weaving in and out of the Keswick girls' defensive line and scoring right from kick off!!! There were further tries in this match from Abbi, Paige Johnstone and Abigail Jackson. The overall score being Netherhall 5-4. Their next game was against a combined team of Beacon Hill and Solway School, this is where the girls really came into their own, with fantastic defence from Elliemya Petre and Kate Walling the opposition looked like they had slim chance of scoring. However, they managed to score one try near the end of the game making the final score 7-1 to Netherhall with tries from Paige Johnstone, Abbi Langley, Georgia Mason-Lowe, Abigail Jackson and Chloe Pape.

The final game was against Workington Academy, which was always going to be the battle for the best team. Unfortunately, we went into the game with 3 significant players out with injury and the girls felt they had already been defeated. This didn't stop the unstoppable Abbi Langley scoring again, Georgia Mason-Lowe, Emmi Chilton and Imarni Barker put up a heroic effort in defence but it wasn't quite enough. Final score Workington 5-2. The girls will be travelling to Newcastle on Friday, 9 February to take part in a tournament and then stay afterwards to watch the Falcons match. What a fantastic end to the term. Good luck girls.

Now we need to see how the Year 7 & 8's get on in their fixtures which are not until 21 February.

Upcoming matches and tournaments are as follows:

After Half Term – U15 Rugby Union Tournament @ Ulverston VHS

Wednesday 21st February – U13 Rugby Union Tournament @ Penrith RFC

Tues 20th February – Year 7, 8 & 9 Rugby League Friendly Tournament @ Netherhall School

Tuesday 27th February – U13 Rugby Union Tournament @ Lakes College

Wednesday 28th February – U18 Rugby Union Tournament @ Lakes College

Thursday 22nd March - U15 & U18 Regional RU Event @ Tynedale RUFC

Mon 26th March – Year 7 & 9 Rugby League Tournaments @ **TBC**

Wed 28th March – Year 8 & 10 Rugby League Tournaments @ Netherhall

Leah Holliday
PE Department

